

The Whole Body Wellness Centre Presents...

# 12 Month Health Mastery Program

An Amazing Series of Life Changing Discovery Workshops

Imagine...A world where people and doctors think more about keeping well than about getting well. It's more than just a dream. It's called The Whole Body Wellness Centre!

Our mission is to help as many families as possible express and maintain their optimal health potential...naturally, without drugs or surgery, with the highest quality care. Our mission is to educate our community that life and health come from within and that the maintenance of health is far superior to the treatment of disease. Our mission is to bring greater harmony, balance and order...to minimize the detrimental effect of subluxations, so as to maximize life.

That's why Dr. Lemire has tailored a 12 month Health Mastery Program where you will learn the latest advances in scientific research that will transform your life and health forever! He is dedicated to educating our community about the benefits of optimal health. Proper biomechanics at work, exercise, anatomy, nutrition and diet tips that all lead to healthier & happier world!



These unique Discovery Workshops usually sell out rapidly and seating is limited. Don't wait... Reserve Your Seats Today By Calling Vicky at the Whole Body Wellness Centre at (705) 264-2100.

Be sure to visit our web site at [www.wholebody.ca](http://www.wholebody.ca) for more information about The Whole Body Wellness Centre and Dr. Luc Lemire, B.Sc., D.C.

## **WHERE**

Location and times may vary. Please check our web site ([www.wholebody.ca](http://www.wholebody.ca)) or local newspapers for information before each seminar.

## **COST**

Regularly Valued at \$25.00 per person. However, the first 50 callers will receive TWO FREE Tickets and...

***As a preferred client of the Whole Body Wellness Centre we will waive the fee for you and a friend –  
Yes, both of you can attend for FREE !!!  
However, we ask that you still call Vicky to RESERVE your seating !***

Remember To Mark Your Calendars for Our Upcoming Seminars... They will also be announced in the Timmins Times. Print and post the included Program Calendar!

**Whole Body Wellness Centre**  
413 Ann Avenue, Timmins, ON P4N 4V3  
**Telephone:** (705) 264-2100 **Fax:** (705) 267-3093  
[www.wholebody.ca](http://www.wholebody.ca)

# 12 Month Health Mastery Program

2009 Program Calendar

January	Advanced Nutrition & Proven Weight Loss Strategies!
February	Heart Disease and Chronic Fatigue
March	Stop Living In Pain - Discover The Truth About Fibromyalgia!
April	Five Easy Steps To Ending Painful, Aching Joints Due to Arthritis!
May	Effective Management of Post-Menopause - Truth about Hormone Replacement Therapy and Available Alternatives!
June	Discover An Asthma & Allergy Free Way of Life!
July	Stop Osteoporosis... Before It Stops You!
August	How To Live An Outrageously Healthy Life By Learning To Manage Stress!
September	The Science Behind Raising Healthy Children Without Drugs & Surgeries! Pregnant Women Will Also Learn How To Reduce Delivery Time And Painful Labor
October	Secrets To Eliminating Headaches & Migraines Forever!
November	Dramatically Enhance Your Immune System Naturally To Prevent Colds & Flus
December	Cancer - Advanced Research To Deal With Or Even Prevent Cancer

Seminars location and times may vary. For detailed programs and times, please check our website at [www.wholebody.ca](http://www.wholebody.ca). Any changes will be posted on the website prior to the seminar date. Please call us to reserve your seating!

**Whole Body Wellness Centre**  
413 Ann Avenue Timmins, ON P4N 4V3  
Phone: (705) 264-2100 Fax: (705) 267-3093  
[www.wholebody.ca](http://www.wholebody.ca)